



KGK

sodexo
at SCHOOL



“
**MAKE YOUR
VOICE
HEARD**
Every voice matters
”



**GIVE YOUR
FEEDBACK TO US**



 **SCAN THIS QR CODE**  **SPEAK TO A STAFF MEMBER**



MENU MECHANISM



All our meals are
Nuts Free



All our eggs are
Cage Free



Discover
Locally Made
products



Savor
Low Carbon
footprint
produce



Ingredients
good for
Planet & Health



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS



A Healthy and Balanced Diet Every Day!





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for our
e-Newsletter

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to follow & visit us**



**Sodexo
Hong Kong Website**



**Sodexo
Instagram**

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.

While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

Oct 13 - 17

WEEKLY MENU

sodexo

13/10 Monday

14/10 Tuesday

15/10 Wednesday

16/10 Thursday

17/10 Friday



SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in		Grilled Chicken Steak in Gravy w/ Rice	BBQ Pork w/ Rice	Chicken a-la-king w/ Rice 	Chicken Tikka Masala w/ Rice & Papadum [\$47]
Meal B \$41 Takeaway \$38 Dine-in		Creamy Pork & Mushroom Stew w/ Penne 	Wok-fried Beef w/ Enoki Mushroom & Bell Pepper, Rice 	Braised Boneless Pork Chop w/ Tomato & Onion, Rice	Fish Molee w/ Rice OR Pita Bread
Meal C \$38 Takeaway \$35 Dine-in		(Vegan) Braised Eggplant & Omni-Meat w/ Rice 	(Vegan) Trio Tomato Sauce Fusilli 	(V) Pumpkin Alfredo Spaghetti 	(Vegan) Vegan Kofta Korma w/ Farfalle OR Pita Bread

BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday: Lunch 12:00nn - 1:15pm; Tuesday to Friday: Lunch 1:15pm - 2:15pm

Bowl \$41		Stir-fried Flat Rice Noodle w/ Beef 	Shanghainese Soup Noodle w/ Chicken (Pre-order Available) 	Pho Thap Cam (Pre-order Available) 	Taiwanese Braised Minced Pork w/ Boiled Egg, Rice
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LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36		Japanese Soba Noodle Yuzu Dressing 	Potato & Chicken Salad in Thousand Island Dressing 	(V) Greek Salad 	(V) Mediterranean Chopped Salad in Italian Dressing
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PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm

Pizza A \$30		Bacon & Cheese 	Pepperoni & Cheese 	Chicken & Mushroom 	Meat Lover
Pizza B (Vegetarian) \$30		Trio Cheese 	Marinara 	Margherita 	Trio Cheese



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Allergens and descriptive icons are displayed on our daily menu,
helping students to make informed dietary choicesFrom cage-free eggs to low-carbon footprint produce,
sustainability is incorporated throughout our menus

Oct 13 - 17

WEEKLY MENU

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13/10 Monday				14/10 Tuesday			15/10 Wednesday			16/10 Thursday			17/10 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A				Grilled Chicken Steak in Gravy w/ Rice			BBQ Pork w/ Rice			Chicken a-la-king w/ Rice			Chicken Tikka Masala w/ Rice & Papadum		
				175	9	5	135	9	3	176	12	16	148	11	5
Meal B				Creamy Pork & Mushroom Stew w/ Penne			Wok-fried Beef w/ Enoki Mushroom & Bell Pepper, Rice			Braised Boneless Pork Chop w/ Tomato & Onion, Rice			Fish Molee w/ Rice OR Pita Bread		
				153	8	7	166	11	8	140	8	5	168	8	8
Meal C				Braised Eggplant & Omni-Meat w/ Rice			Trio Tomato Sauce Fusilli			Pumpkin Alfredo Spaghetti			Vegan Kofta Korma w/ Farfalle OR Pita Bread		
				194	9	9	140	5	3	161	4	9	178	4	12
Bowl				Stir-fried Flat Rice Noodle w/ Beef			Shanghainese Soup Noodle w/ Chicken			Pho Thap Cam			Taiwanese Braised Minced Pork w/ Boiled Egg, Rice		
				158	9	5	128	11	5	91	7	2	144	7	7
2S1alad Box				Japanese Soba Noodle			Potato & Chicken Salad in Thousand Island Dressing			Greek Salad			Mediterranean Chopped Salad in Italian Dressing		
				140	6	4	175	10	13	111	3	9	150	2	11



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